

To help protect your child on the Internet

## Remember the **GOLD**en rules

### **G**round rules

- Agree how the internet should be used in your home
- Keep information private - think, would I tell this to a stranger?
- Agree rules about meeting online 'friends' in the offline world
- If you wouldn't say it offline don't say it online
- If it's not acceptable in offline it shouldn't be acceptable on line
- Remember information posted online can be viewed by anyone – employer, university or?

### **O**nline safety

- Use anti-virus and parental monitoring systems
- Know where to get advice – see below
- Activate security and privacy settings
- Take special care with webcams – think who else might see me?

### **L**ocation

- Internet access should be in a family room, rather than a bedroom for young children
- Know that Internet access can be gained by the use of other devices; such as gaming consoles, mobile phones or the neighbours wireless Internet connection

### **D**ialogue

- Talk to your child about their Internet use
- If you think your child knows more about the Internet – ask them
- Encourage them to talk to you if they have a problem or feel uncomfortable

### **Keeping Safe is Simple on Social Networking Sites:**

- Always keep your profile private
- Never accept friends you don't know in the real world
- Never post anything which could reveal your identity
- Never agree to meet somebody you only know online without telling a trusted adult
- Always tell someone if you feel threatened or someone makes improper suggestions

***For more information or to report an issue relating to bullying please contact your local school.***

Child Safe Search Engine - <http://kids.yahoo.com> or <http://www.askkids.com> or <http://www.kidsclick.org/>

CEOP – [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) Facebook App - <http://www.facebook.com/clickceop>  
Facebook - <http://www.facebook.com/help/?safety=parents>