



Dear Parent / Carer,

The Active Travel to School team at Active Cumbria would love to hear from you. We are asking parents across Cumbria to complete a short online survey by **Friday 8 December 2023**, with the opportunity to **win one of 2 x £250 vouchers** in time for Christmas.

If you have a child attending a nursery, primary or secondary school in Cumbria, you are eligible to enter the prize draw. Simply complete a short online survey on how your child gets to school, how often you walk, wheel or cycle on the school run, and tell us about any challenges that may prevent you from having an active school commute.

This will help us understand how often families travel to school using physical activity such as walking, wheeling, scooting or cycling and what measures can support you on your daily school commute.

This survey should take no more than 5-10 minutes of your time and any information you provide will be kept secure and confidential.

Remember to complete the survey by **Friday 8 December 2023** if you would like to enter the draw to **win one of 2 x £250 vouchers** here:

<https://surveymechanics.com/s/activetravel>

We ask all parents to please consider completing the survey, as it will help us to build the picture of local attitudes, barriers and enablers to active travel across Cumbria and allow us to better support schools and communities to embed active travel behaviours.

Active Cumbria's Active Travel to School team is committed to improving lives through physical activity and supports active and sustainable travel approaches for children, parents and carers across the county.

Many thanks,

The Active Travel to School Team

Be part of it!

