

0 – 19 Child and Family support services - Carlisle

Sensory Processing Workshop

Would you like some information on what sensory processing is and how this can affect your child?

We will be sharing tips and advice on how to manage sensory processing difficulties in our online Introduction to Sensory Processing workshop!

Join us on Zoom on one of the dates below:

Friday 8th September 10:00am-11:00am

Tuesday 12th September 7:00pm-8:00pm



Sensory processing is the system that our bodies use to understand the world using our senses.

- ✓ Sight
- ✓ Sound
- ✓ Touch
- ✓ Taste
- ✓ Smell
- ✓ Proprioception
- ✓ Vestibular
- ✓ Interoception

To book a place or to find out more
Please contact us by phone or email.

Jodie on 07815 686 821 or jodie.scott@family-action.org.uk