

Week I: Mon 24th July - Thurs 27th July

Week 2: Mon 31st July - Thurs 3rd Aug

Week 3: Mon 7th Aug - Thurs 10th Aug

Week 4: Mon 14th Aug - Thurs 17th Aug

Week 5: Mon 21st Aug - Thurs 24th August

- £18 per day OR £60 per week (£100 sibling discount)
  - 9:30am 3:00pm (Early drop off available from 9:00am)

FULL PAYMENT MUST BE MADE WHEN BOOKING, CASH ONLY.

Facebook - Carlisle Dance Academy
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Tel: 0777 313 5593



### 5 week summer programme

Mon 24th July to Thurs 24th Aug - All classes are £5 PAYG or £12 unlimited

All classes are £5 PAYG or £12 unlimited per week or £50 unlimited classes for the whole of the summer

(Seniors can include Dancefit and Body Blitz)

#### MONDAY

9:30am-Little Stars (age 15 months to 3 years)
10: 15am -Tinies stretch, flex and drills class- 45 min(4-7)
11am-Tinies open dance class- 45 min (age 4-7)

#### **TUESDAY**

5:45pm - Senior stretch, flex and drills class - 1hr (age 12+) 6:45pm - Open dance class - 45min (age 12+)

#### WEDNESDAY

10am -Open stretch, flex and drills class- 1hr (all ages)

#### **THURSDAY**

5pm - Junior stretch, flex and drills class- 1hr (8-11) 6pm-Junior open dance class- 45 min (age 8-11)

> Facebook - CARLISLE DANCE ADADEMY Email - carlisledanceacademy@hotmail.con



Week I - Tuesday 25th and Thursday 27th July

Week 2 - Tuesday 1st and Thursday 3rd August

Week 3 - Tuesday 8th and Thursday 10th August

Week 4 - Tuesday 15th and Thursday 17th August

Week 5 - Tuesday 22th and Thursday 24th August



FULL PAYMENT MUST BE MADE WHEN BOOKING,

- 10:00am 12:00pm
- £8 per morning
- Age 2 to 4 years





## ADULT CLASSES





ATTEND AS MANY OF THE CLASSES BELOW FOR THE SUMMER HOLIDAYS:
(Tues 25th July to Thurs 25th Aug)

**TUESDAY 6PM-DANCEFIT** 

THURSDAY 6PM- DANCEFIT
THURSDAY 6:45PM- SUMMER BODY BLITZ

£5 PAYG

OR

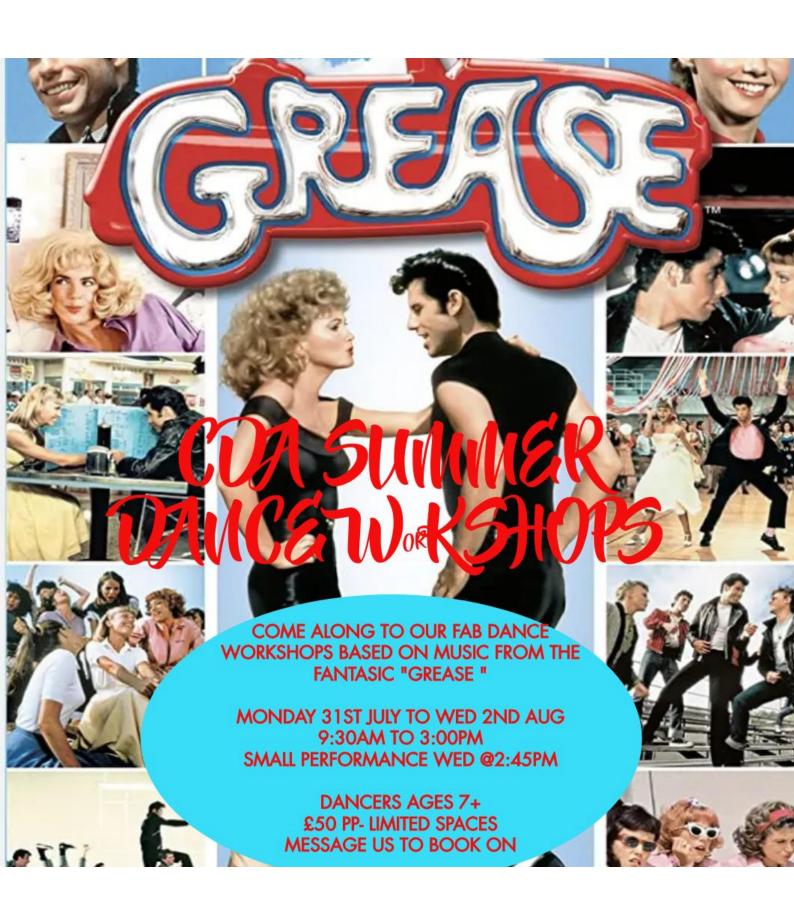
£50 for all

classes for 5

weeks!







# CARLISLE DANCE ACADEMY PRESENTS...



DANCE WORKSHOPS USING THE AMAZING SONGS FROM THE GREATEST SHOWMAN

9:30AM TO 3:00PM
SMALL PERFORMANCE: WED @2:45PM

For dancers aged 7 upwards- open to everyone (non members welcome)
LIMITED SPACES PLEASE MAKE PAYMENT AT TIME OF BOOKING- £50 PER DANCER

EMAIL: CARLISLEDANCEACADEMY@HOTMAIL.COM TO BOOK ON