



Cumberland
Council



Cumbria's Holiday Activity and Food Programme

Carlisle Area

cumberland.gov.uk

Book sessions in your area now!

Visit cumberland.gov.uk/holidays to search the range of activities available.

- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport.
Visit cumberland.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Who is it for?

The Holiday Activity Programme is aimed at all school-age children and young people (Reception-Year 6).

- Places are FREE for young people who receive benefits related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Interested in any of the activities listed in this leaflet?
Visit cumberland.gov.uk/holidays to book holiday activities now!
Or use the booking information provided.

The HAF email for enquiries: HAF@Cumberland.gov.uk

- If you are not eligible for a free place many providers offer paid places – please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.



Department
for Education

Caldew School

Description: An opportunity for Year 6 students to meet others who will be joining Caldew in September whilst participating in fun and educational activities. Meals included.

Age range: 10-11

Dates: 26th-28th July

Times: 9am-3pm

Booking information: Email office@caldew.Cumbria.sch.uk or call 01228 710044

Carlisle Matters (Botcherby, Denton Holme, Longtown and Brampton)

Description: Centre based fun and outings. Meals provided

Age range: 5-11

Dates:

Denton Holme Community

Centre: 24th-27th July

Botcherby Community Centre:

31st July-3rd Aug

Brampton Community Centre:

7th-10th August

Longtown Community Centre:

14th-17th Aug

Times: 11am-3pm

Booking information: Visit www.carlislematters.org.uk (select Function tab)

Carlisle MENCAP (Grace Little Centre and external trips)

Description: Come and join us for a variety of trips and centre based sessions. All sessions are exclusively for SEND children.

Age range: 8-18

Dates: 24th, 26th, 31st July, 2nd, 7th, 9th, 14th, 17th, 21st, 24th, 20th Aug & 1st Sep

Times: 10am-3pm

Booking information: Call 01228 674393 or email children@carlislemenacap.co.uk

Carlisle Villa Boxing

Description: Non-contact boxing training which will include bag work, pad work and some fun games.

Meals included

Age range: 5-15

Dates: 31st July-4th Aug & 7th-11th Aug

Times: 10.30am-12.30pm

Booking information: Call 01228 674393 or email children@carlislemenacap.co.uk



Carlisle United Community Sports Trust (Harraby Campus Sports)

Description: The soccer camp is delivered by qualified FA licenced coaches, who will guide players throughout the camp, helping them use the correct technique, improve their decision-making and overall enhancement of their game. Small, sided matches and tournaments with lots of fun. Meals included.

Age range: 5-11

Dates: Camp 1: 1st-4th Aug.

Camp 2: 15th-18th Aug

Camp 3: 29th Aug-1st Sep

Times: 9am-2pm

Booking information: Visit our website: www.carlisleunited.co.uk/community

Carlisle Youth Zone - Junior Offer

Description: A wide range of activities including sports, climbing, arts and crafts, cooking, wellbeing session, music etc. Meal included.

Age range: 8-12

Dates: 31st July-3rd Aug, 7th-10th, 14th-17th & 21st-24th Aug

Times: 8.30am-3.30pm

Booking information:

Call 01228 516280 or Email info@carlisle-youthzone.org

Carlisle Youth Zone - Senior Offer

Description: Senior Offer at Carlisle Youth Zone providing opportunities to experience new adventures in Carlisle and the surrounding area.

Meals included.

Age range: 12-16

Dates: Wednesdays: 2nd, 9th, 16th & 23rd Aug and

Friday evenings: 4th, 11th, 18th & 25th Aug

Saturdays: 12th & 19th Aug

Times: 10am-3pm Wednesday/
5pm-9pm Friday /4:30pm-8:30pm
Saturday

Booking information:

Call 01228 516280 or Email info@carlisle-youthzone.org

Currock Community Centre

Description: Multi Activity Holiday Club, with a variety of sports and games include from qualified sports coaches. Meals included.

Age range: 5-11

Dates: 9th, 10th, 16th, 17th, 23rd & 24th Aug

Times: 9am-3pm

Booking information:

Call 01228 591868 or Email info@currockcc.co.uk

GLL Trinity Leisure Centre

Description: Fun filled day of Multi Sports, Arts, Crafts and Games. Meals included.

Age range: 5-11

Dates: 24th-27th July, 31st July-3rd Aug, 7th-10th & 14th-17th Aug

Times: 9am-3pm

Booking information:

Email Michael.Barnes@GLL.org

GLL The Sands Centre

Description: A day full of water based fun, sports and friends. Meals included.

Age range: 8-16

Dates: 24th- 27th July, 31st July-3rd Aug, 7th-10th Aug

Times: 9am-3pm

Booking information: Email Chloe.Nixon@GLL.org

Inglewood Infant School

Description: This Summer's theme is 'Standing on the Shoulders of Giants' and we will provide a range of age-appropriate, creative, and playful learning activities both on and off-site. Meals included

Age range: 5-7 (plus siblings ages 8-11)

Dates: 21st-25th Aug, 29th Aug-1st Sep

Times: 9.15am-2.45pm

Booking information: Email parent@inglewood-inf.cumbria.sch.uk

Morton Manor Community Centre

Description: Multisport, art, craft and activity camp. Meal included.

Age range: 5-11

Dates: 25th, 28th July, 1st, 3rd, 8th, 10th, 15th, 17th, 18th, 23rd, 24th & 25th Aug

Times: 10am-3pm

Booking information:

Call 01228 531105, email office@mortoncc.co.uk or head in to the centre.

NP Inclusive Sports

(Petteril Bank Community Centre)

Description: Wheelchair games and sports including basketball and boccia. Sessions are for both wheelchair users and non wheelchair users, equipment is provided. Meals included.

Age range: 6-12

Dates: 24th-28th July

Times: 9am-1pm

Booking information:

Via Facebook-NP Inclusive

NP Inclusive Sports

(St Barnabas Church, Raffles)

Description: Wheelchair games and sports including basketball and boccia. Sessions are for both wheelchair users and non wheelchair users, equipment is provided. Meals included.

Age range: 6-12

Dates: 31st July-4th Aug

Times: 9am-1pm

Booking information:

Via Facebook-NP Inclusive Sports or email Inclusive-sport@outlook.com

Pyjama Drama (Holme Head House, Denton Holme)

Description: Fun filled days full of games, drama, cooking and craft. Meals included

Age range: 5-8

Dates: 24th, 25th, 31st July, 1st, 7th, 8th, 14th & 15th Aug

Times: 10am-2pm

Booking information: Email sarahwatt@pyjamadrama.com or visit <https://www.ticketsource.co.uk/pyjama-drama-cumbria>

Richard Rose Central Academy / MU Foundation

Description: Multi – Activity provision (Arts, Crafts, Sports, Technology, Team Building, Games) Meal included. For RRCA students only.

Age range: 9-11 / 11-16

Dates: 31st July-2nd Aug

Times: 10am-2pm

Booking information: Email Jessica.Nelson@rrca.org.uk or adam.whitfield@mufoundation.org

Sport Works (Bishop Harvey Goodwin School)

Description: Energetic, stimulating, enriching, fun and impactful outdoor sports and physical activities.

Meals provided.

Age range: 5-16

Dates: 31st Jul-3rd Aug, 7th-10th, 14th-17th & 21st-24th Aug

Times: 10am-2pm

Booking information: Visit <https://bookwhen.com/sportworksnorthwest>

Stone Eden Nursery

Description: On-site and off-site activities to have a great time being active and making friends. Meals included.

Age range: 5-12

Dates: 24th-28th July, 31st July-4th Aug, 7th-11th & 14th-18th Aug

Times: 10am-3.30pm

Booking information: Call 01228 599400 or email info@stoneeden.co.uk



St Barnabas & St Luke's Churches

Description: A mixture of magicians, discos, inflatables, games, sports, fun and trips away! Food available at each session.

Age range: 5-16

Dates: 24th, 25th & 31st July 1st, 3rd, 8th-10th, 17th, 22nd-25th, 29th & 31st Aug

Times: Times and locations of activities vary, please check the HAF website for more information or contact St Barnabas & St Luke's Churches.

Booking information: Text 07436 005238 or via Facebook messenger

Talkin Adventures (Talkin Tarn, Brampton)

Description: Activity days including two adventure activities per day, from a range of archery, canoeing, kayaking, raft building, orienteering, and woodland skills. Each day will include a lunchtime campfire and a range of games and challenges.

Age range: 9-14

Dates: 1st, 3rd, 4th, 7th, 10th, 11th, 15th-18th, 21st-23rd, 30th, 31st Aug & 1st Sep

Times: 10am-3pm

Booking information: Visit www.independentadventure.co.uk/talkin-adventurescumbria/holiday-clubs