



Dear Parent / Carer,

Warwick Bridge School will be taking part in the county wide Feet First 5-day Active Travel Challenge starting on **Monday 3rd October** and finishing on **Friday 7th October 2022**. The challenge is for pupils & their families to choose an active way of getting to school as many times as possible over the 5-day period.

There are prizes for everybody who completes the challenge, as well as the chance to win a whole school prize and so we would love everyone to take part and travel to school in an active way whenever possible. The challenge is also open to school staff and we will be making every effort to take part too. Walking, using a mobility aid such as a wheelchair, cycling, skating, scooting and park & stride are all active ways of travelling, and we hope by taking part in the challenge it will:

- Improve health & wellbeing of our pupils & families
- Encourage pupils and families to be more active
- Reduce congestion and parking problems around our school
- Promote active travel for the journey to school and for families to continue to do this after the challenge ends.

During the challenge each child will receive their own bookmark on which pupils who have travelled actively can record their journey by adding a special sticker. Those pupils with at least one sticker on the bookmark at the end of the challenge will be awarded a small individual prize.

We appreciate that it is not always possible for parents to walk with their children to school for the entire journey, but please be aware if you live a long way from school and need to drive you can still take part by parking further away from school and walking the last part of your journey, (Park & Stride), or by car sharing with another family. Children who use school transport during the active challenge week will also be able to collect stickers as this also helps to reduce individual car use on the school run.

Many thanks.

Cumbria Active Travel

**Active Cumbria**  
Cumbria County Council  
Cumbria House  
107-117 Botchergate  
Carlisle  
CA1 1RD

t: **01228 226885**  
w: **[www.activecumbria.org](http://www.activecumbria.org)**



Be part of it!

