



Cumbria's Holiday Activity and Food Programme - Carlisle

Book sessions in your area now!

- Visit cumbria.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit cumbria.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Carlisle Matters (5-11)

Description: FUNcation - A range of fun activities for children. Activities available on different dates from different venues.

Age range: 5-11

Dates: Dates available throughout the summer for different venues. Visit the website for more details.

Booking information: Please visit www.carlismatters.co.uk

Carlisle Matters (11-16)

Description: Laser Maze games, craft and more! Activities available on different dates from: Botcherby CC, Peterhill Bank CC and Longtown CC

Age range: 11-16

Dates: 2, 4, 5, 9, 11, 12, 18, 19, 23, 25, 26 Aug (at different venues)

Booking information: Please visit www.carlismatters.co.uk



Department
for Education

Activities on the next page

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit cumbria.gov.uk/holidays to book holiday activities now! Or use the booking information provided.

Carlisle Villa Boxing Club

Description: Non- Contact Boxing Sessions!

Age range: 5 - 16

Dates: 8 - 26 August

Booking information: Please email carlislevillaabc@hotmail.co.uk

Carlisle Youth Zone

Description: A variety of activities including, arts and crafts, sport, gym, performing arts and baking!

Age range: 8-12

Dates: 1-4, 8-11, 15-18, 22-25 Aug

Booking information: Email: Clint.Howat@carlisleyouthzone.org

Available in Carlisle

Little Owls Nursery (Carlisle) Ltd

Description: Baking, arts and crafts and trips to local attractions- such as Carlisle Castle, Carlisle Cathedral and more!

Age range: 4-12

Dates: 21-22, 25-26, Jul, 1-2, 15-19, 22-26 Aug

Booking information: Email: Littleowls-carlisle@outlook.com or message on Facebook @littleowlsnurserycarlisle

Inglewood Infant School

Description: A multi-activity holiday club with a range of creative, scientific, and playful learning activities both on and off-site.

Age range: 5 - 7 (any older siblings up to 11)

Dates: 27-28 Jul, 2-4, 9-11, 16-18, 23-25 Aug, 31 Aug- 1 Sep

Booking information: Email: parent@inglewood-inf.cumbria.sch.uk

Morton Manor Community Centre

Description: GLL will deliver a range of indoor and outdoor activities to children. This will include sporting activities, arts, crafts, and discussion around healthy eating at mealtimes.

Age range: 5-11

Dates: 27-29 Jul, 2, 4, 9, 11, 15, 18, 19, 25-26 Aug

Booking information: Email: Office@Mortoncc.co.uk

Pyjama Drama

Description: Fun filled day full of games, drama, music, craft and cooking

Age range: 5-8

Dates: 25, 28 Jul, 2, 4, 15 Aug, 1 Sep

Booking information: Visit: <https://www.ticketsource.co.uk/pyjama-drama-cumbria>

Richard Rose Central Academy in Partnership with Manchester United Foundation

Description: Multi-Sport Activity Camp

Age range: 12-16

Dates: Carlisle East: 8-10 Aug

Booking information: *Exclusive to RRCA current students*
Parents can email jessica.Nelson@rrca.org.uk

Rocket Theatre Group

Description: Performing arts workshops, sing, dance, act and have fun!

Age range: 6 - 9 & 10-14

Dates: 6-9 years: 25-29 Jul, 10-14 years: 1-5 Aug

Booking information: Email: info@rockettheatregroup.co.uk

Sport Works

Description: Children and young people (including young people with SEND) aged 5-16 years will have access to an impressive array of energetic, stimulating, enriching, fun and impactful outdoor sports and physical activities.

Age range: 5-16

Dates: 29 Jul, 4-5, 10-12, 17-19, 24-26, 31 Aug, 1-2 Sep

Booking information: Email: Connor.howlett@sportworksltd.co.uk

Stone Eden Nursery

Description: A range of off-site and on-site activities. Visiting local attractions such as Tullie House, Bowling, Cinema, Forest school sessions, walks and trips to the park.

Age range: Primary School aged children

Dates: 25-29 Jul, 1-5, 8-12, 15-19 Aug

Booking information: Email: info@stoneeden.co.uk

Carlisle United Community Sports Trust

Description: CUFC Football Camps give children the chance to train just like a professional footballer in an environment that allows children to have fun, make new friends and develop their footballing skills. *Early drop off is available from 08:30 at all camps.

Age range: 7-11

Dates: 2-5 Aug, 30 Aug-2 Sep

Booking information: Email: admin@carlisleunitedcst.co.uk

Carlisle MENCAP

Description: Carlisle MENCAP are running a series of exciting events including, adventure playgrounds, cinema trips, trip to Aira force and more Transport will be provided from 2 pick up and drop off points in Carlisle. Please use the booking information for more details.

Age range: Contact Provider

Dates: 27 Jul, 1, 8, 10, 15, 17, 22, 24 Aug

Booking information: Visit: www.carlisle Mencap.co.uk or call 01228 674393 ex 207

GLL (The Sheepmount Athletics Stadium)

Description: Multi sports such as Athletics, Rugby, Football, Cricket, Dodgeball, Athletics and fun games . Healthy eating workshops and craft activities

Age range: 5-11

Dates: 27-31 Aug, 1-3 Sep

Booking information: Email: Michael.Barnes@GLL.ORG

St Barnabas & St Luke's Churches- Working together in West Carlisle

Description: Lots of activities over the summer months including: a trip to the zoo, a trip to Blackpool, bowling and more!

Age range: All ages- All children must be accompanied by an adult

Dates: 22, 25, 27, 29 Jul, 1, 3, 5, 8, 10, 12, 17 Aug

Booking information: Email: Gemmamcmanus2011@hotmail.co.uk or phone: 07436 005238

Tullie House Museum and Art Gallery

Description: Join us for exciting activity days exploring art, history and nature – make new friends, get crafty and explore behind the scenes on these action packed days at Tullie House Museum!

Age range: 7 - 11

Dates: 25 Jul, 1, 8, 15, 22, 29 Aug

Booking information: Email: schools@tulliehouse.org

RV Projects

Description: Introduction to Djing and music production

Age range: 7-18

Dates: 21-22, 25-29 Jul, 8-12 Aug, 15-18 Aug

Booking information: Email: Siteseventy9studio@gmail.com

Multicultural Cumbria

Description: Four days of dance, fun and games, arts & crafts with an International flavour for international children and young people.

Age range: 5-11

Dates: 26-29 Jul

Booking information: Visit: www.multiculturalcumbria.org.uk

Endorphins

Description: Inclusive, engaging themed activity sessions for Children with SEND

Age range: 4-16

Dates: 1-4, 8-11, 15-18, 22-25 Aug

Booking information: Visit <https://endorphins.uk/events-page/>

GLL (Trinity Leisure Centre)

Description: Multi sport Activity Camp – children will take part in a range of sports, games, swimming and craft activities.

Age range: 5-11

Dates: 1-4, 8-12, 15-18, 22-25 Aug

Booking information: Michael.Barnes@GLL.ORG or visit <https://betterflow.courseprogress.co.uk/onlinejoining/home>

Cumbria Fire and Rescue Service

Description: Join us for 4 days of fun and excitement at your local fire station! Participating fire stations include: Carlisle East, Brampton, and Longtown.

Age range: 12 - 16

Dates: Carlisle East: 23-26 Aug, Longtown: 15 Aug, Brampton: 3 Aug

Booking information: Email: hart@cumbria.gov.uk

Family Action

Description: Family Action are running a series of exciting events including: crazy kitchen chemistry, fitness activities, farming, walks, exploration and more! Please enquire for more details.

Age range: 7-11

Dates: 2, 4, 9, 11, 16, 24, 25 Aug

Booking information: Email: lydia.noble@family-action.org.uk

